



# Interview Toolkit

## Relevant information when having Derek on your podcast

## SOCIAL LINKS

All social links can be found here:  
<https://linktr.ee/derekloudermilk>



[dereklooudermilk.com](https://dereklooudermilk.com)



[/derekloudermilk](https://www.instagram.com/derekloudermilk)



[/derekloudermilk](https://www.linkedin.com/company/derekloudermilk)



[/derekloudermilk](https://twitter.com/derekloudermilk)



[~/e/B01N3273M3](https://www.amazon.com/s?ref=ast_search_dropdown)



[/derekloudermilk](https://www.tiktok.com/@derekloudermilk)



[derek@dereklooudermilk.com](mailto:derek@dereklooudermilk.com)

### 72-24h before the interview:

email the interview-link for recording to  
[derek@dereklooudermilk.com](mailto:derek@dereklooudermilk.com) and [glenn@dereklooudermilk.com](mailto:glenn@dereklooudermilk.com)

### When the interview gets published:

When the content is live, please email a link and any helpful social media assets (podcast links, images, Wave files, social handles, etc.) to [derek@dereklooudermilk.com](mailto:derek@dereklooudermilk.com), [podcast@dereklooudermilk.com](mailto:podcast@dereklooudermilk.com), and [glenn@dereklooudermilk.com](mailto:glenn@dereklooudermilk.com)

When/if you post the interview on socials, please be sure to tag [@DerekLoudermilk](https://www.instagram.com/DerekLoudermilk) (see all social links in the column left) and hashtag [#DerekLoudermilk](https://www.instagram.com/hashtag/DerekLoudermilk)

## About Derek

### SHORT BIO:

Derek Loudermilk is a professional adventurer, and bestselling author of *Superconductors* and *Activate Your Life*, and host of the Derek Loudermilk Show. Derek is a quantum business coach, and creator of the LEAP method. He is the founder of AdventureQuest Travel, a digital nomad, and international speaker.

### MEDIUM BIO:

[https://docs.google.com/document/d/1H85O-VPChm231aYBnbCiOXE3HvjeI8JPGnZ6C\\_RCmpQ/edit?usp=sharing](https://docs.google.com/document/d/1H85O-VPChm231aYBnbCiOXE3HvjeI8JPGnZ6C_RCmpQ/edit?usp=sharing)

### LONG BIO:

[https://docs.google.com/document/d/1LlaZF\\_uSpE7eAbdxUW9EKlSr3qOPemYljukDrx33X5Q/edit?usp=sharing](https://docs.google.com/document/d/1LlaZF_uSpE7eAbdxUW9EKlSr3qOPemYljukDrx33X5Q/edit?usp=sharing)

### HEADSHOTS:

<https://drive.google.com/drive/folders/1S2DNS0BMH5Pioo1YeCk7Nz61i9WYkkz4?usp=sharing>